

10 METRE POOL (effective April 13th to June 28th)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00						CLOSED	CLOSED
06:30						CLOSED	CLOSED
07:00						CLOSED	CLOSED
07:30						CLOSED	CLOSED
08:00							
08:30							
09:00	Fitzzone swim	Fitzzone swim	Fitzzone swim	Fitzzone swim	Fitzzone swim		
09:30	June 29-Aug 1	June 29-Aug 1	June 29-Aug 1	June 29-Aug 1	June 29-Aug 1		
10:00		Parents and tots		Parents and tots			
10:30							
11:00							
11:30							
12:00							
12:30							
13:00	Fitzzone swim	Fitzzone swim	Fitzzone swim	Fitzzone swim	Fitzzone swim		
13:30	June 29-Aug 1	June 29-Aug 1	June 29-Aug 1	June 29-Aug 1	June 29-Aug 1		
14:00	Intensives	Intensives	Intensives	Intensives	Intensives		
14:30	Swim	Swim	Swim	Swim	Swim		
15:00	Lessons	Lessons	Lessons	Lessons	Lessons		
15:30	July 6-24	July 6-24	July 6-24	July 6-24	July 6-24		
16:00							
16:30							
17:00							
17:30							
18:00							
18:30							
19:00							
19:30							
20:00							
20:30							
21:00							
21:30							
22:00							
22:30							

POOL NOTES:

Swim Has must be worn at all times
 m lessons - will occupy the 10 metre pool ,family Swim available in the 25m pool during times of les:
 Children under 11yrs must be supervised at all times by an adult.
 Kids times until 6:30pm Mon-Thu & 7:30pm Fri-Sun.

Free assessments

SE= Swim lessons
 only the shallow end is occupied

Contact Details:

www.learntoswim.ie
 01-2191843
 email: swim@westwood.

06:00
06:30
07:00
07:30
08:00
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09:00
09:30
10:00
10:30
11:00
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22:00
22:30

25 METRE POOL (effective from June 29th to July 26th)

	Monday	Lanes	Tuesday	Lanes	Wednesday	Lanes	Thursday	Lanes	Friday	Lanes	Saturday	Lanes	Sunday		
		Available		Available		Available		Available		Available		Available			
06:00		5		5		5		5		5	CLOSED		CLOSED		
06:30		5		5		5		5		5		CLOSED			CLOSED
07:00		5	Swimfit 2,000/	5		5	Swimfit 1,000/	5		5		CLOSED			CLOSED
07:30		5	3,000	5		5	2,000	5		5		CLOSED			CLOSED
08:00		5		5		5		5		5		5			
08:30		5		5		5		5		5		5			
09:00		5		5		5	Adult lessons	3		5		2			
09:30		5		5		5		5		5		2			
10:00	Swimfit	2		5	Swimfit	2		5	Swimfit	2		2			
10:30	3,000	2	Aquafit	2	3,000	2	Aquafit	2	3,000	2		2			
11:00	Aquafit	2	10:30 - 11:10	2	Aquafit	2	10:30 - 11:10	2	Aquafit	2		2			
11:30	11:20-12:00	2		3	11:20-12:00	2		3	11:20-12:00	2		2			
12:00		5		3		5		3		5		2			
12:30		5		5		5		5		5		2			
13:00		5		5		5		5		5		2			
13:30		5		5		5		5		5		5			
14:00	Intensives	5	Intensives	5	Intensives	5	Intensives	5	Intensives	5		5			
14:30	Swim	5	Swim	5	Swim	4	Swim	5	Swim	5		5			
15:00	Lessons	2	Lessons	2	Lessons	2	Lessons	2	Lessons	2		5			
15:30	July 6-24	2	July 6-24	2	July 6-24	2	July 6-24	2	July 6-24	2		5			
16:00		2		2		2		2		2		5			
16:30		2		2		2		2		2		5			
17:00		3		2		2		2		2		5			
17:30		3		3		2		2		2		5			
18:00		4		3		3		2		2		5			
18:30		5	Adult lessons	3		3	Adult lessons	3		5		5			
19:00	Swimfit	5	Members lesson	4	Swimfit	2		5		5		5			
19:30	1,000	5	Members lesson	4	2,000	2		5		5		5			
20:00		5	Aquafit	2		5	Aquafit	5		5		5			
20:30		5	20:00-20:40	2		5	20:00-20:40	5		5		5			
21:00		5		5		5		5		5		5			
21:30		5		5		5		5		5		5			
22:00		5		5		5		5		5		5			
22:30		5		5		5		5		5		5			

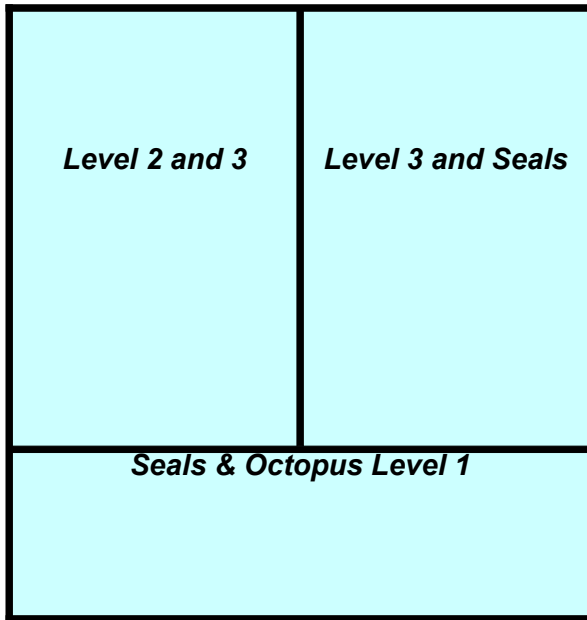
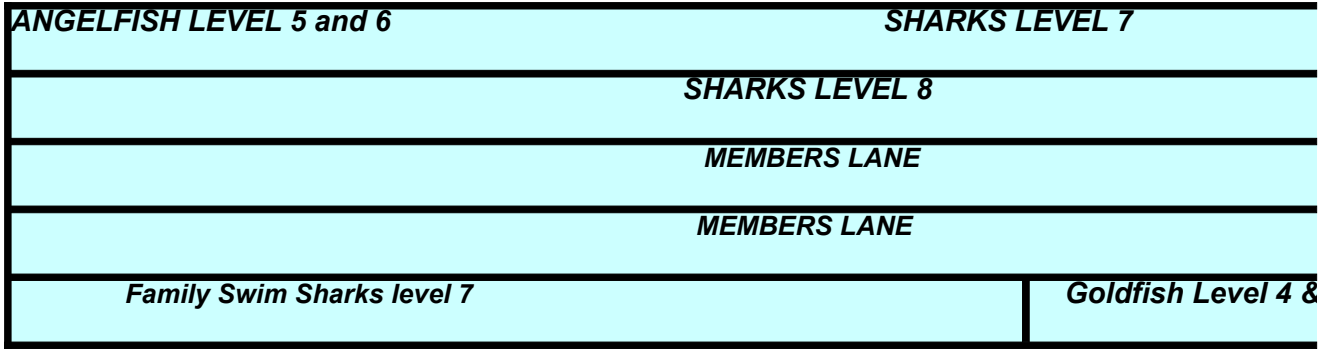
Pool Notes:
 Swim hats
 All blank spaces indicate that there are
 No swimming lessons at those times

Private lessons will occupy lane space at certain times
 Children under 11 yrs must be supervised at all times by an adult.
 Kids times until 6.30pm Mon-Thurs & 7.30pm Fri - Sun.

Contact Details:
www.learntoswim.ie
 01-2191843
 email: swim@westwood.ie

Free Adult Lessons available for members of West Wood contact the swim office.

POOL SETUP
WINDOWS



- 1 - Angelfish level 6 &
- 2 - sharks level 8 or m
- 3 - member lane swim
- 4 - member lane swim
- 5 - as shown

Deep end of 10 m poo

Shallow end of 10 m p

Shallow end = goldfish

	1
	2
	3
	4
Angelfish Level 5	5

Shark level 7 - will not be on at same time
 ember lane swimming
 ming
 ming

l - family swim

ool = octopus level 1 & 2

n level 3