

● ELECTROLYSIS

15 minutes (minimum)	€17
15 - 30 minutes	€22
Package of 6	€90

MAKE-UP €25*

We use the world's No.1 mineral make-up, i.d. bareMinerals "So pure, you can sleep in it!" Makeovers for weddings, Parties and Deb's.

* redeemable against purchase of bareMinerals make-up.

HANDS & FEET

File and Polish - Fingers / toes €18

Manicure - For grooming hands €29

Pedicure - For grooming feet €45

Delux Manicure €31

Everything the manicure offers combined with heated mittens

Delux Pedicure €47

All the luxury of a pedicure combined with heated mittens

* Add €5 for French polish

● Gel Nails	€50
● Refills	€35
● Refills + re-white	€45
● Gel toes	€35
● Removal	€45

2 week nail polish

Application only €25

Application and manicure €45

Application and Pedicure €59

Removal with Mini Manicure €15

Removal only F.O.C

Removal of 2 week polish not applied in re:refresh €10

FOR MEN

Shoulder wax €17

Back wax €25

Back & Shoulder wax €30

Chest wax €29

Chest & Abdomen wax €39

Deep Cleansing Back treatment €45

Reduces blemishes and oily problematic conditions

Skin Fitness treatment €60

While skin is the same, men's skin does have different needs and concerns. This treatment focuses on deep cleansing, smoothing exfoliation, extractions and critical hydration for healthier skin.

TANNING

Exfoliation and Tan €55

Spray Gun Full Body €20

Spray Gun Half Body €15

● Booth Spray Full Body €20

TINTING - patch test required 48 hrs before treatment

Eyelash tint €14

Eyebrow tint €12

Eyebrow shape €10

Lash and Brow tint with Eyebrow shape €29

● ● Eyelash extension €59

● ● Eyelash refills From €20

re:refresh

*a day spa
sanctuary within a city*

Cancellation Policy

24 hour cancellation is required.

Without sufficient notice 50% cancellation fee will be charged.

re:refresh is also home to a number of specialised treatments: Indonesian Massage, Colonic Irrigation (Leopardstown only), and Physical Therapy.

Gift Vouchers available

See our wide range of skin care products

West Wood Members Discount

A 10% Discount is available to members. CONDITIONS APPLY.

Opening Hours

Monday - Friday 10am - 10pm Saturday 10am - 6pm

Sunday and Bank Holiday 10am - 6pm

re:refresh

West Wood Club
1a St John's Rd
Sandymount
Dublin 4
Ph: 01 203 3713

re:refresh

West Wood Club
Leopardstown Racecourse
Foxrock
Dublin 18
Ph: 01 289 1392

re:refresh

West Wood Club
Clontarf Rd
Dublin 3
Ph: 01 853 0381

FACE

Dermalogica

Prescriptive facial - all skin types €60

This facial is **customised** at every step by the skin therapist based on your own skin's needs. The treatment will be unique to each individual client by using dermalogica's botanic mixers throughout the step by step process to provide additional benefits to the clients needs.

Ultra-calming facial €60

Ultra-calming facial for even the most sensitive skins. Super soothing cleansing will remove impurities from your skin, followed by a calming oatmeal masque that will instantly calm redness and reduce inflammation. Incredibly soothing and skin protecting treatment.

Age smart €60

A combination of vitamin and hydroxyl acid exfoliation and energising massage techniques that release tension in the facial muscles and a specialized masque makes this the ultimate skin therapy for prematurely aging, dry or devitalized skin. Skin will be noticeably firmer, smoother and revived.

Mini facial €40

A great boost to your homecare routine or when you simply don't have a lot of time.

Teen facial €29

Skin care for teens. An introduction to 'Clear Start' from Dermalogica aimed at getting the healthiest skin ever. Just the thing to balance a young face which is in a constant state of change. 'Clear Start' home-care recommended.

● **Lift 6 natural face lift** €80

A revolutionary skin toning treatment. It is suitable for tired or lifeless skin or after rapid weight loss, for lined, stressed or a smokers skin. Treatment includes full facial.

For best results: Package of 12 €650
Includes 3 full facials & 9 x 40 min treatments with Lift 6

Total eyecare treatment 30 mins €25
Only €10 when included with your favourite facial.

This treatment diminishes fine lines of dryness, reduces puffiness, instantly smoothes and firms the delicate eye area. Incorporate this treatment in your facial for pure luxury.

● **Uspa Face Rituals**

Each facial begins with the ritual of an exotic footbath, followed by a back massage for total relaxation. Your senses will be awakened with aromatic elixirs, your face exercised with fortifying massage...

All Uspa facials are individually designed to your skin type. 75 mins €68

Essential Focus Facial 45 mins €56

Add on Eye Contour Wrap 20 mins €20

By adding on the ultimate eye treatment your therapist will be focusing on dark circles, puffiness, fatigue and improving circulation.

●● **Microdermabrasion and Mask** 45 mins €90

A safe non-surgical procedure. Diamond crystals are used to remove dead skin cells to reveal new living skin that is glowing with health.

BODY

Dermalogica

● **Dermalogica Deep Thermal Therapy with Thermal Stamp treatment** 90 mins €72

This treatment utilizes a unique fabric stamp filled with skin-benefiting ingredients and the power of heat to detoxify, remineralise, de-stress, exfoliate and relax. The deep manipulation will relieve aching muscle tissue and work to rebalance the body.

Dermalogica Body Foliation Therapy 45 mins €50

Give your body the customised exfoliation it needs! An oatmeal and rice bran powder activates to create a gentle yet effective exfoliant that whisks away dead skin cells. You'll leave this therapy with silky, healthier skin.

● **Uspa Body Rituals - All include mini-facial**

Rejuvenating Body Mud Wrap 75 mins €76

De-toxifying, mineral rich clay is combined with a powerful combination of nut and essential oils, for all skin types.

Coffee & Sea Kelp Exfoliating Contour Wrap 75 mins €76

Rich in vitamins and anti-oxidants the Coffee & Sea Kelp Contour Wrap assists to increase cellular metabolism and detoxification.

Aloe Linen Wrap 75 mins €72

Discover the healing powers of aloe vera with this calming, anti-oxidant body wrap.

Bamboo & Ginseng Polish 60 mins €64

The most pampering body exfoliation you will ever experience.

Hot Oil Elixir Infusion 75 mins €72

This tranquil treatment is designed to harmonise body and mind, bringing them back into unison.

Balneo - Therapy bath 25 mins €36

The Balneo baths use heated saltwater with over 200 jets for hydro massage.

● **Uspa Pregnancy Rituals**

Full Body Pregnancy Massage 60 mins €60

A gentle massage designed to ease tension and improve skin elasticity during pregnancy. Pre-blended oils containing tangerine and rose help prevent stretch marks and hydrate the skin.

Mums-to-Be Pamper Package 120 mins €99

The ultimate pampering treatment for mum-to-be. The treatment starts with a lower leg and foot exfoliation and then soothing foot soak. This follows with a full body pregnancy massage and a personalised Uspa Mini Facial.

Mums-to-Be Coco Wrap 75 mins €68

Treatment starts with foot soak followed by a full body anointing in Coco Cream. Banishes dull, dry skin. A great treat for stretchmark prevention.

Back and Neck Massage with Facial 75 mins €68

A mini Uspa facial to hydrate and smooth the skin followed by a back, neck and shoulder massage.

● Available at re:refresh Leopardstown only.

● Available at re:refresh Sandymount only.

● Available at re:refresh Clontarf Rd only.

Packages available for all massage treatments.
Member discount does not apply.

MASSAGE

Sports Massage 40:60 mins €45:60

Works well with the treatment of muscle ache/fatigue, sports related injury recovery and prevention.

Swedish Massage 40:60 mins €45:60

Tension Massage 40:60 mins €45:60

A tailor-made massage for your individual aches and pains. A fantastic stress buster!

Back and Face Massage 40 mins €45

Indian Head Massage 40 mins €45

A relaxing/rejuvenating massage on the head, neck and shoulders. Ideal for relief of muscle tension, stress and headaches.

Reflexology 40:60 mins €45:60

By aiding the body's natural healing mechanism through stimulation/massage of the reflex points on the feet, this is a wonderful aid to de-stressing, balancing and healing the body.

Combo Reflexology with Massage 60 mins €60

A relaxing back, neck and shoulder massage combined with a reflexology treatment on the feet.

Aromatherapy Special 90 mins €85

Experience the powerful medicinal properties of aroma essential oils for treatment of a wide range of conditions and ailments, both physical and mental. A detailed consultation; a prescribed aroma oil blend; an aromatherapy massage and a home oil blend will complete this treatment.

Full Body Massage 60 mins €60

A therapeutic relaxing massage to leave you feeling de-stressed.

WAXING

- patch test required
24 hrs before treatment

Full leg wax €35

Full leg and bikini €40

3/4 leg €28

3/4 leg and bikini €33

Half leg €20

Half leg and bikini €25

Bikini line €16

Underarm €14

Half arm - wrist to elbow €14

Full arm - shoulder to wrist €22

Lip wax €10

Lip and chin €15

Chin wax €10

Lip, chin and brow €22

Specialised Waxing

Californian - Extra tidy +€15 €25

Brazilian - Landing strip +€20 €45

Hollywood - All gone +€25 €50

+ When added to any leg wax treatment.